

2023 Adventist Health Portland CBR-1 Supplemental Narrative

1. Adventist Health Portland made widely available to the public their Community Health Needs Assessment on 12/31/22.
2. The community outreach efforts as represented on the 2023 CBR-1 for Adventist Health Portland were largely based on our 2023-2025 CHNA which was published on December 31, 2022. Secondary data identified in the CHNA supports the top identified health needs. Specifically, 10.5% of the population are living at or below the poverty level and 4.9% are living in deep poverty whose income is less than half of the federal poverty level. 26.4% of children are living in poverty and 13.1% of people born outside the US are living at or below poverty level. In 2019, nearly 25% of adults (18 years or older) reported being diagnosed with depression. This is higher than the United States at 19%. Among all households in the region, the severe housing cost burden decreased two percentage points, from 16.5% in 2015 to 14.6% in 2019, respectively, while dropping one percentage point among renting households, from 24.4% to 23.4%, respectively. While the median household income increased 16.1% between 2015 and 2019, respectively, the change in average rent rose 18.9% over the same period (from \$1,114 in 2015 to \$1,360 in 2019).

Top health needs identified:

- Access to care
- Food security
- Health risk behaviors
- Housing

ACCESS TO CARE:

Target population(s): General community, Slavic, BIPOC, homeless.

Goal: Adventist Health Portland will increase access to care by identifying barriers that prevent patients from accessing the health and human support services they need and collaborating with community-based organizations to meet needs and break down barriers.

Strategy: Facilitate development of a process that more smoothly integrates hospital intake and discharge workflows with patient information about their health needs and barriers and connects them with needed community-based organization resources.

Facilitate availability of linguistic and culturally sensitive communications material to help connect patients with needed health and human support services.

Identify and build active partnerships with community-based organizations providing health and human support services.

Actions to address systemic issues or root causes of health and health equity AND addressing individual health related needs:

- Adventist Health Portland was proud to partner with Project Access Now to work together to provide equitable access to improve our community's health and well-being. In 2023, we provided payment of \$87,740 to Project Access Now for donated care, insurance support, community health and community assistance programs.
- Adventist Health Portland provided in kind donation through payments for project management to help launch a community FQHC clinic on the southeast Portland campus of AHPL. The health center will welcome and treat all southeast Portland residents regardless of their ability to pay, insurance status, income, background and preferred language. AHPL Mission executive, Terry Johnsson, sits on their leadership board.
- Adventist Health Portland reviewed the availability of primary care providers including those practicing physicians who specialize in general practice medicine, family medicine, internal medicine and pediatrics and found the number of providers is 130.30 per 100,000 people which is well below the state average of 136.30 and 111.65 nationally. AHPL worked diligently to recruit and retain 22 providers in 2023 that included family medicine, primary care, urgent care, hospitalists and obstetrics.

Collaboration partners: North by Northeast Community Health Center, Project Access Now, Asian Health and Service Center, Battleground Health Center, Cascade Aids Project.

FOOD SECURITY:

Target population(s): The community defined as our service area, immigrant and low-income families and “housebound seniors”.

Goal: Increase access to nutritious foods by collaborating with community-based organizations to increase awareness and linkage with nutritious food resources, land to grow personal crops and culturally sensitive food.

Strategy: Be a resource that links people with nutritious food outlets, provides free access to whole foods and promotes culturally sensitive foods.

Actions addressing individual health related needs:

- Adventist Health Portland continued to improve access to nutritious foods for those in its community. We continued to facilitate the onsite community garden program which provides space for approximately 57 immigrant families to grow their own produce.
- A heart healthy cookbook was created and distributed free of charge to over 500 patients and visitors during Heart Month.

Actions addressing systemic issues or root causes of health and health equity:

- Met with Meals on Wheels to learn more about their mission and how to best support them.
- Continued to host First Friday community events which provided a healthy dinner for nearly 900 people throughout the year.
- Provided a \$3,000 sponsorship to PACS for their Fall Festival which raised funds to feed and help families in need in our community.
- Provided \$3000 sponsorship to the Highland Christian Center to go towards annual community events which feed attendees suffering from food insecurity.
- Donated 550 pounds of food to PACS from our food donations from the Thanksgiving Celebration.
- Donated \$500 to the Pleasant Family Church which went towards providing community meals during events to those with food insecurity.

Collaboration partners: Outgrowing hunger, PACS, Highland Christian Center, Pleasant Family Church, Meals on Wheels.

HEALTH RISK BEHAVIORS:

Target population(s): The community defined as our service area.

Goal: Provide low barrier access to treatment referrals and wrap-around support for patients with substance use disorders (SUD) via collaboration with community-based organization (CBO) partners.

Strategy: Develop a mental health and SUD treatment framework that supports Emergency Department staff with best care practices for patients with substance use disorders or substance-induced medical emergencies and that facilitates low barrier referrals to engaged CBO partners.

Actions addressing individual health related needs:

- We continued to work with FORA Health, our SUD/mental health treatment partner, to support priority, low barrier access to treatment for discharged ED patients. Additionally, we provided a \$10,000 sponsorship to Fora for their public health topics and fundraising event.
- Identified new program opportunity called IMPACT with Care Oregon and OHSU Health. Launched the program which included three providers, a case worker and a substance abuse peer recovery advisor who work collaboratively with patients experiencing SUD.
- We met with a new partner, the Oregon Change Clinic, to learn about their mission and how we can support them in their efforts to provide SUD treatment alongside mental health support to their clients. We identified ongoing ways AHPL can support them through drives and kits for new residents.

Collaboration partners: Care Oregon, OHSU Health, Oregon Change Clinic, Fora Health.

HOUSING ACCESS:

Target population(s): The community defined as our service area.

Goal: Increase access to safe and affordable housing/housing support services for un-housed Adventist Health patients and community members with significant housing cost burden.

Strategy: Leverage patient care intake and discharge contact points to increase awareness of and access to safe and affordable housing/housing support services provided by community-based organizations (CBO).

Actions to address systemic issues or root causes of health and health equity:

- AHPL identified three CBO partners the Transition Project, Blanchet House and the Portland Rescue Mission. We completed site visits to Blanchet House and Transitions Project to understand their mission and how we can best support them. AHPL employee volunteers built over 200 winter kits for the homeless community and leadership delivered these kits to the Blanchet House.
- During our Thanksgiving Celebration, 3000 pairs of socks were donated by attendees, and these were delivered to the Portland Rescue Mission.
- We provided \$4000 sponsorship to the Portland Rescue Mission's radiothon on the FISH.
- AHPL provided \$510 to provide homeless discharged patients with hotel and transportation when they left our hospital.

- Over 800 pounds of clothing/shoes were donated, sorted, professionally cleaned, and stored in our community closet which goes to clothe discharged patients in need.
- Collected surplus sheets, blankets and pillowcases and delivered to the Transitions Project to use in their shelters.

Collaboration partners: Portland Rescue Mission, Transitions Project, and Blanchet House.